



MONTH of AUGUST

Practice tying your shoes.	Sweet Dreams Read at bedtime for 20 minutes.	Write your name, address and phone number.	Act out a story with your family.	Make up a recipe for a sandwich and give it a try. Ask an adult to help.	Ask an adult to go for a walk or ride your bike on the Erie canal with you today. Socially distance!	Do a random act of kindness today.
Turn off all electronics today. Read books, play games and go outside. Adults too!	Sit under a tree or on a blanket and read a book.	Draw a picture of the best thing you have done so far this summer.	Sweet Dreams Read at bedtime for 20 minutes.	Make a list of summer words.	Collect rocks. Write down where you found each one.	Ask someone to help you fly a kite.
Practice tying your shoes.	Go outside and play.	Make a card saying thank you to a friend. Give it to him/her.	Draw a summer picture using circles, squares and triangles.	Go for a walk around your neighborhood with an adult. What animals do you see?	Sweet Dreams Read at bedtime for 20 minutes.	Cut out coupons for things your family buys at the store.
Have a water battle! Use balloons, sprinklers, the hose... ☺	Count to 100 by 1's and 10's. Try again.	Sweet Dreams Read at bedtime for 20 minutes.	Make a fruit salad. Ask a special adult to help.	Find something to make music with. Enjoy!	Read your favorite book again. Draw a picture about it.	Can you go to the zoo? Springdale Farms? Pineway Park or Elmgrove Park today? Socially distance!
Practice tying your shoes.	Be a helper today. Can you clean up your bedroom?					